



God's Promises to Help You With... Depression

"Then he said to them, 'Go, eat of the fat, drink of the sweet, and send portions to him who has nothing prepared; for this day is holy to our Lord. Do not be grieved, for the joy of the LORD is your strength.'"

Nehemiah 8:10

"For His anger is but for a moment, His favor is for a lifetime; weeping may last for the night, but a shout of joy comes in the morning."

Psalms 30:5

"The righteous cry, and the LORD hears and delivers them out of all their troubles."

Psalms 34:17

"He heals the brokenhearted and binds up their wounds."

Psalms 147:3

"Yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary."

Isaiah 40:31

"Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand."

Isaiah 41:10

"When you pass through the waters, I will be with you; and through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, nor will the flame burn you."

Isaiah 43:2

"So the ransomed of the LORD will return and come with joyful shouting to Zion, and everlasting joy will be on their heads. They will obtain gladness and joy, and sorrow and sighing will flee away."

Isaiah 51:11

"To grant those who mourn in Zion, giving them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a spirit of fainting. So they will be called oaks of righteousness, the planting of the LORD, that He may be glorified."
Isaiah 61:3

"Now He was telling them a parable to show that at all times they ought to pray and not to lose heart."
Luke 18:1

"For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord."
Romans 8:38-39

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."
2 Corinthians 1:3-4

"Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things."
Philippians 4:8

"Beloved, do not be surprised at the fiery ordeal among you, which comes upon you for your testing, as though some strange thing were happening to you; but to the degree that you share the sufferings of Christ, keep on rejoicing, so that also at the revelation of His glory you may rejoice with exultation."
1 Peter 4:12-13

"Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, casting all your anxiety on Him, because He cares for you."
1 Peter 5:6-7