



## *The Blessing is in You! – Part IV*

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**Sermon Notes from October 31, 2010**

### **Blessing Blockers!**

- hurts
- habits
- hang-ups

### **Hurts**

- A hurt is an internal painful alteration that causes the heart and mind to be infected or affected. The goal is to recognize the affects of your life and turn it into an effect.

### **Habits**

- A habit is a constant occurrence formed by conscious thinking that rolls over into subconscious actions.

### **Hang Ups**

- Hang ups are personal issues that stick to your personality framing your environment and circumstances.

### **To beat the Hurt blessing blocker:**

- Acknowledge your hurt
- Talk through your hurt with someone you trust
- Pray and ask God for healing
  - **Jeremiah 30:17**  
<sup>17</sup> I will give you back your health and heal your wounds," says the LORD. "For you are called an outcast — 'Jerusalem for whom no one cares.'"
- Declare the blessing of God over your life



#### To beat the **Habits** blessing blocker:

- Respect the power of repetition.
- Create repetitive actions according to the Word of God that yield your desires.
- Don't allow your circumstances to change what should be constant.
  - **Galatians 6:9**  
9 So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

#### To beat the **Hang-ups** blessing blocker

- Change your environment!
  - **Genesis 12:1-4**  
1 The Lord had said to Abram, "Leave your native country, your relatives, and your father's family, and go to the land that I will show you. 2 I will make you into a great nation. I will bless you and make you famous, and you will be a blessing to others. 3 I will bless those who bless you and curse those who treat you with contempt. All the families on earth will be blessed through you." 4 So Abram departed as the Lord had instructed, and Lot went with him. Abram was seventy-five years old when he left Haran.
- Find three different people to be accountable to.
- Participate in regular counseling sessions.

#### You know you are blessed when:

- You do what the Word says and trust God to do the rest!
- You are not governed by your circumstances but you are governed by the Word.
- You know God hears and answers your prayers.
- Revelation knowledge becomes common knowledge.