



The Problem of Regret
Presented by Pastor Ralph Bessard
Crossover Ministries

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Sermon Notes

John 16:33 (New International Version)

33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Regret Keeps Us From Conflict

Numbers 13:31 (New International Version)

31 But the men who had gone up with him said, "We can't attack those people; they are stronger than we are."

Numbers 14:1-4 (New International Version)

1 That night all the people of the community raised their voices and wept aloud. 2 All the Israelites grumbled against Moses and Aaron, and the whole assembly said to them, "If only we had died in Egypt! Or in this desert! 3 Why is the LORD bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn't it be better for us to go back to Egypt?" 4 And they said to each other, "We should choose a leader and go back to Egypt."

Regret Keeps Us From Our True Identity

Numbers 13:31-33 (New International Version)

31 But the men who had gone up with him said, "We can't attack those people; they are stronger than we are." 32 And they spread among the Israelites a bad report about the land they had explored. They said, "The land we explored devours those living in it. All the people we saw there are of great size. 33 We saw the Nephilim there (the descendants of Anak come from the Nephilim). We seemed like grasshoppers in our own eyes, and we looked the same to them."

Numbers 13:30 (New International Version)

30 Then Caleb silenced the people before Moses and said, "We should go up and take possession of the land, for we can certainly do it."

Regret Keeps Us From Promise

Numbers 14:5-9 (New International Version)

5 Then Moses and Aaron fell facedown in front of the whole Israelite assembly gathered there. 6 Joshua son of Nun and Caleb son of Jephunneh, who were among those who had explored the land, tore their clothes 7 and said to the entire Israelite assembly, "The land we passed through and explored is exceedingly good. 8 If the LORD is pleased with us, he will lead us into that land, a land flowing with milk and honey, and will give it to us. 9 Only do not rebel against the LORD. And do not be afraid of the people of the land, because we will swallow them up. Their protection is gone, but the LORD is with us. Do not be afraid of them."

Conclusion

Matthew 11:12 (New American Standard Bible)

12From the days of John the Baptist until now the kingdom of heaven suffers violence, and violent men take it by force.

The Challenge

- **Examine what you regret and confront it, so that you may join the battle to receive your life.**