



Faith Over Fear, Part II

Presented by Pastor Daren L. Barron

Sermon Notes from December 7, 2008

Foundational Scripture

Psalm 23 (Amplified Bible)

1THE LORD is my Shepherd [to feed, guide, and shield me], I shall not lack. 2He makes me lie down in [fresh, tender] green pastures; He leads me beside the still and restful waters. 3He refreshes and restores my life (my self); He leads me in the paths of righteousness [uprightness and right standing with Him--not for my earning it, but] for His name's sake. 4Yes, though I walk through the [deep, sunless] valley of the shadow of death, I will fear or dread no evil, for You are with me; Your rod [to protect] and Your staff [to guide], they comfort me. 5You prepare a table before me in the presence of my enemies. You anoint my head with oil; my [brimming] cup runs over. 6Surely or only goodness, mercy, and unfailing love shall follow me all the days of my life, and through the length of my days the house of the Lord [and His presence] shall be my dwelling place.

Definition Thought

- Fear is an [emotional](#) response to [threats](#) and [danger](#). It is a basic survival mechanism occurring in response to a specific [stimulus](#), such as [pain](#) or the threat of pain. Some Psychologists have suggested that fear is one of a small set of basic or innate [emotions](#). This set also includes such emotions as [joy](#), [sadness](#), and [anger](#).
- Fear should be distinguished from the related emotional state of [anxiety](#), which typically occurs without any external threat. Additionally, fear is related to the specific behaviors of escape and avoidance, whereas anxiety is the result of threats which are perceived to be uncontrollable or unavoidable.

Don't get an anxious spirit!

Philippians 4:6-7 (New International Version)

6Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



- As long as we live, we will have opportunities to fear!
- As long as we live, we will have valley moments.
- As long as we live we will have opportunities to choose faith over fear.

- A life controlled by fear can be destructive to your purpose and vision. Why? _____
- A life controlled (or walked) by faith opens up unlimited possibilities.

Definition

- Fear - a distressing emotion aroused by impending danger, evil, pain, etc., whether the threat is real or imagined; the feeling or condition of being afraid.

A spirit is a curse or blessing to receive.

Romans 8:15 (Amplified Bible)

15 For [the Spirit which] you have now received [is] not a spirit of slavery to put you once more in bondage to fear, but you have received the Spirit of adoption [the Spirit producing sonship] in [the bliss of] which we cry, Abba (Father)! Father!

Romans 8:15 (New King James Version)

15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

Fear is a Spirit

2 Timothy 1:7 (New King James Version)

7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.

2 Timothy 1:7 (Amplified Bible)

7 For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

Faith is a Spirit

2 Corinthians 4:13 (New International Version)

13 It is written: "I believed; therefore I have spoken." With that same spirit of faith we also believe and therefore speak,



- An emotion of faith or fear is subject to change.
- A spirit of faith or fear is subject to challenge before change.

How do I affect my spirit?

Joshua 1:8 (New Living Translation)

8 Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.

1 John 4:18 (New King James Version)

18 There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

1 John 4:18 (Amplified Bible)

18 There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection].