



Be Still (My Heart)

Staff Pastor Anindya Kar | November 12, 2023

John 14:6 New International Version

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me.

Psalm 4:4 Amplified Bible, Classic Edition (with Pastor Daren L. Barron additions)

Be angry [or stand in awe] and sin not; **commune with your own hearts upon your beds and be still** [Remember His Word, Reflect on your sin, Repent of your rebellion and Recognize His Grace] (sorry for the things you say in your hearts). Selah [pause, and calmly think of that]!

Psalm 4:4 Amplified Bible, Classic Edition

Be angry [or stand in awe] and sin not; commune with your own hearts upon your beds and be silent (sorry for the things you say in your hearts). Selah [pause, and calmly think of that]!

Psalm 46:10 Amplified Bible

"Be still and know (recognize, understand) that I am God. I will be exalted among the nations! I will be exalted in the earth."

Psalm 46:10-11 The Passion Translation

10 Surrender your anxiety. Be still and realize that I am God. I am God above all the nations, and I am exalted throughout the whole earth. 11 Here he stands! The Commander! The mighty Lord of Angel Armies is on our side! The God of Jacob fights for us! Pause in his presence

Romans 12:1-2 New International Version

1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

The heart of communion is we are not rejected; we are chosen, we are loved.

"Allow yourself to become completely surrendered to God, letting go of your need to control and your messed up ideas about how strong you are, who you are and what you know; and what you will discover is an intimate, up close understanding of God that you would have never experienced otherwise."

Hebrews 4:15-16 Amplified Bible

15 "For we do not have a High Priest who is unable to sympathize and understand our weaknesses and temptations, but One who has been tempted [knowing exactly how it feels to be human] in every respect as we are, yet without [committing any] sin. 16 Therefore let us [with privilege] approach the throne of grace [that is, the throne of God's gracious favor] with confidence and without fear, so that we may receive mercy [for our failures] and find [His amazing] grace to help in time of need [an appropriate blessing, coming just at the right moment]."