



Understand How Your Emotions Work: A Heart Built to Make Good Choices

Pastor Daren L. Barron | July 16, 2023

A Heart Built to Make Good Choices

All of us have hearts that need mending or at the very least are in need of maintenance. God says He is near the broken-hearted and He will even heal the broken heart; God says He will provide healing for our pain and comfort for our sorrow(s). The problem is we are impatient, ignorant and/or non-believing to the promises of God. The reality is the Bible is full of heart-break, but it is also full of examples of healing, restoration and deliverance to those who are hungry for a relationship with God in faith. The reception and actions of God's Word within feeds Holy Spirit which begins to fulfill the promises of God for the purposes of: Belonging, Maturity, Serving, Sharing, and Worshipping. Is your heart broken? Is your heart broken in a place and you are unaware? Are you aware that your heart is broken but you don't know what to do? Well, today we will seek greater clarity on how we all can address the issues of life, our Heart.

A Heart Built to Make Good Choices: The loss

Psalm 147:3 Amplified Bible

He heals the brokenhearted And binds up their wounds [healing their pain and comforting their sorrow].

Psalm 73:26 English Standard Version

My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

1 Thessalonians 4:13 Amplified Bible

Now we do not want you to be uninformed, believers, about those who are asleep [in death], so that you will not grieve [for them] as the others do who have no hope [beyond this present life].

A Heart Built to Make Good Choices: You initiated the Heart-break

Psalm 34:18 Amplified Bible

The Lord is near to the heartbroken And He saves those who are crushed in spirit (contrite in heart, truly sorry for their sin).

Matthew 5:4 Amplified Bible

"Blessed [forgiven, refreshed by God's grace] are those who mourn [over their sins and repent], for they will be comforted [when the burden of sin is lifted].

Romans 2:15 New Living Translation

They demonstrate that God's law is written in their hearts, for their own conscience and thoughts either accuse them or tell them they are doing right.

A Heart Built to Make Good Choices: Someone else Breaks your Heart

Proverbs 3:4-6 New Life Version

4-5 If you want favor with both God and man, and a reputation for good judgment and common sense, then trust the Lord completely; don't ever trust yourself. 6 In everything you do, put God first, and he will direct you and crown your efforts with success.

Proverbs 3:1-6 New King James Version

1 My son, do not forget my law, But let your heart keep my commands; 2 For length of days and long life And peace they will add to you. 3 Let not mercy and truth forsake you; Bind them around your neck, Write them on the tablet of your heart, 4 And so find favor and high esteem In the sight of God and man. 5 Trust in the Lord with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.

John 14:1 Amplified Bible, Classic Edition

Do not let your hearts be troubled (distressed, agitated). You believe in *and* adhere to *and* trust in *and* rely on God; believe in *and* adhere to *and* trust in *and* rely also on Me.