



## Better Believer: What Do You Really Believe?

Pastor Daren L. Barron | April 21, 2024

### Better Believer: Belief System

#### Mark 9:20-25 Amplified Bible

20 They brought the boy to Him. When the [demonic] spirit saw Him, immediately it threw the boy into a convulsion, and falling to the ground he began rolling around and foaming at the mouth. 21 Jesus asked his father, "How long has this been happening to him?" And he answered, "Since childhood. 22 The demon has often thrown him both into fire and into water, intending to kill him. But if You can do anything, take pity on us and help us!" 23 Jesus said to him, "[You say to Me,] 'If You can?' All things are possible for the one who believes and trusts [in Me]!" 24 Immediately the father of the boy cried out [with a desperate, piercing cry], saying, "I do believe; help [me overcome] my unbelief." 25 When Jesus saw that a crowd was rapidly gathering [around them], He rebuked the unclean spirit, saying to it, "You deaf and mute spirit, I command you, come out of him and never enter him again!"

- **Belief** is persuasion of the truth, or an assent of mind to the truth of a declaration, proposition or alleged fact, on the ground of evidence, distinct from personal knowledge; as the belief of the gospel; belief of a witness. Belief may also be founded on internal impressions, or arguments and reasons furnished by our own minds; as the belief of our senses; a train of reasoning may result in belief; belief is opposed to knowledge and science.
- A **System** is a group of interacting or interrelated elements that act according to a set of rules to form a unified whole. A system, surrounded and influenced by its environment, is described by its boundaries, structure and purpose and is expressed in its functioning.
- **Belief Systems** are structured sets of principles or tenets held to be true by individuals or larger groups, encompassing aspects such as morality, life purpose, or empirical reality. They profoundly influence human behavior, shaping individual code of conduct, societal actions, values, and perceptions.

### Better Believer: Check your Belief System

- In daily life, we see many people who despite their best efforts are not able to achieve what they want in life. They feel frustrated, helpless, and in despair. To alleviate their disappointment, they usually question their fate, karma, luck, Vastu, and stars, and debate with God. Doing this can give you temporary relief but wouldn't help you resolve your conflicts. However, the foremost reason for our failures or success is our beliefs and thoughts. It is the invisible power of beliefs that drives our lives. **The quality of life depends on the beliefs we carry.** They are microchips, buried at some level of the mind, constantly

sending out the message encoded into them. If you believe money is the most important thing in life, then all your actions and decisions will be guided by that belief only. If you think relationships are the most important thing in life, then you will try to save relationships at any cost in all your decisions.

### Better Believer: Creation of Belief Systems

- Your past experiences and early childhood situations can influence the way you think about yourself and others and how you make sense of the world in your present life. These experiences tend to form your core belief system which is generally global and absolute in nature. From the very day we are born, our parents, culture, and environments heavily influence our thinking and beliefs. It is the belief system that creates perceptions, emotions, values, habits, and reactions to stimuli. The first 7 years of one's life are the most crucial. It is in these years the child's basic foundation of perception is laid. After 7 years of age the subconscious mind is reprogrammed by life experiences. We gain them through things that other people say to us, things we hear on the news, things we read, or any other external influences that we are exposed to. **Beliefs do not exist in isolation. These beliefs interact with one another, affecting one another, and together form a system. Belief systems get evolved as part of this development in order to ensure the survival of human beings. Belief systems have the power to dictate the direction of our lives, for good or bad. These beliefs are developed as a child and stick with you (like glue!) into adulthood.**

### Better Believer: Driven by our Belief Systems

- Our mind is made up of two parts. The Conscious Mind and the subconscious mind. It has been found that our subconscious mind is 90-95% responsible for how we respond to the external environment, from which our five senses receive stimuli. Our conscious mind, which is the seat of logical control, has only a 5-10% role in processing the stimuli and deciding how to respond or react. This subconscious mind is created by our beliefs gained throughout life. These beliefs carry emotion, and emotion turns to action.
- There are several ways to reprogram the subconscious mind. Joshua 1:8 shares a few ways to accomplish this: 1. Speak God's Word into your heart, 2. Think deeply about His Word day and night, 3. Practice doing the Word you know, 4. Feel the experience of prosperity and success. *Joshua 1:8 This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.*
- The following are Seven simple points to maintain a strong belief system.

## What do you really Believe?

### GOD - The Creator!

#### Genesis 1:1, 26-27 King James Version

1 In the beginning God created the heaven and the earth.

26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth. 27 So God created man in his own image, in the image of God created he him; male and female created he them.

#### John 1:1-4 King James Version

1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 The same was in the beginning with God. 3 All things were made by him; and without him was not any thing made that was made. 4 In him was life; and the life was the light of men.

- I was created for HIS glory!...When I believe this I will learn to trust His way, not my own.

### LOVE - The Motivator

#### John 3:16 Contemporary English Version

God loved the people of this world so much that he gave his only Son, so that everyone who has faith in him will have eternal life and never really die.

1 John 4:19 (Amplified Bible) We love, because He first loved us. *Because God bestowed on humanity a free will, man is not forced to love Him, but rather consciously and freely chooses the response he makes to God's love.*

- What would the remainder of your life be if your decisions were motivated by LOVE?

### Faith - The Activator

#### Luke 18:41-43 Amplified Bible

41 "What do you want Me to do for you?" He said, "Lord, let me regain my sight!" 42 Jesus said to him, "Regain your sight; your [personal trust and confident] faith [in Me] has made you well." 43 Immediately he regained his sight and began following Jesus, glorifying and praising and honoring God. And all the people, when they saw it, praised God.

- Our Faith activates our beliefs that are rooted in God's Word.

## Hope - The Stimulator

### Psalm 43:5 Amplified Bible

Why are you in despair, O my soul? And why are you restless and disturbed within me? Hope in God and wait expectantly for Him, for I shall again praise Him, The help of my [sad] countenance and my God.

- Beliefs are stagnant without HOPE; HOPE stimulates our belief system that is rooted in Christ.

## Wisdom - The Navigator

### Proverbs 4:11 New King James Version

I have taught you in the way of wisdom; I have led you in right paths.

- Wisdom and your flesh provide directions to your belief system; it is your choice upon which you will follow.

## Holy Spirit - The Accelerator

### John 14:26 Amplified Bible

But the Helper (Comforter, Advocate, Intercessor—Counselor, Strengthener, Standby), the Holy Spirit, whom the Father will send in My name [in My place, to represent Me and act on My behalf], He will teach you all things. And He will help you remember everything that I have told you.

- When Holy Spirit directs our belief system we are everywhere and everything we are supposed to be at the right time.

## JESUS - The Mediator

### Romans 8:31-39 The Message

So, what do you think? With God on our side like this, how can we lose? If God didn't hesitate to put everything on the line for us, embracing our condition and exposing himself to the worst by sending his own Son, is there anything else he wouldn't gladly and freely do for us? And who would dare tangle with God by messing with one of God's chosen? Who would dare even to point a finger? **The One who died for us—who was raised to life for us!—is in the presence of God at this very moment sticking up for us.** Do you think anyone is going to be able to drive a wedge between us and Christ's love for us? There is no way! Not trouble, not hard times, not hatred, not hunger, not homelessness, not bullying threats, not backstabbing, not even the worst sins listed in Scripture: They kill us in cold blood because they hate you. We're sitting ducks; they pick us off one by one. None of this fazes us because Jesus loves us. I'm absolutely convinced that nothing—

nothing living or dead, angelic or demonic, today or tomorrow, high or low, thinkable or unthinkable—absolutely nothing can get between us and God’s love because of the way that Jesus our Master has embraced us.

- God provided the Sacrifice in Christ Jesus; Jesus maintains Sanctification for us all!

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- LOVE - The Motivator
- Hope - The Stimulator
- Faith - The Activator
- Wisdom - The Navigator
- Holy Spirit - The Accelerator
- Jesus - The Mediator