



Better Believer: What Do You Really Believe?

Pastor Daren L. Barron | April 7, 2024

Better Believer: Belief System

Mark 9:20-25 Amplified Bible

20 They brought the boy to Him. When the [demonic] spirit saw Him, immediately it threw the boy into a convulsion, and falling to the ground he began rolling around and foaming at the mouth. 21 Jesus asked his father, "How long has this been happening to him?" And he answered, "Since childhood. 22 The demon has often thrown him both into fire and into water, intending to kill him. But if You can do anything, take pity on us and help us!" 23 Jesus said to him, "[You say to Me,] 'If You can?' All things are possible for the one who believes and trusts [in Me]!" 24 Immediately the father of the boy cried out [with a desperate, piercing cry], saying, "I do believe; help [me overcome] my unbelief." 25 When Jesus saw that a crowd was rapidly gathering [around them], He rebuked the unclean spirit, saying to it, "You deaf and mute spirit, I command you, come out of him and never enter him again!"

- **Belief** is persuasion of the truth, or an assent of mind to the truth of a declaration, proposition or alleged fact, on the ground of evidence, distinct from personal knowledge; as the belief of the gospel; belief of a witness. Belief may also be founded on internal impressions, or arguments and reasons furnished by our own minds; as the belief of our senses; a train of reasoning may result in belief; belief is opposed to knowledge and science.
- A **System** is a group of interacting or interrelated elements that act according to a set of rules to form a unified whole. A system, surrounded and influenced by its environment, is described by its boundaries, structure and purpose and is expressed in its functioning.
- **Belief Systems** are structured sets of principles or tenets held to be true by individuals or larger groups, encompassing aspects such as morality, life purpose, or empirical reality. They profoundly influence human behavior, shaping individual code of conduct, societal actions, values, and perceptions.

Better Believer: Check your Belief System

- In daily life, we see many people who despite their best efforts are not able to achieve what they want in life. They feel frustrated, helpless, and in despair. To alleviate their disappointment, they usually question their fate, karma, luck, Vastu, and stars, and debate with God. Doing this can give you temporary relief but wouldn't help you resolve your conflicts. However, the foremost reason for our failures or success is our beliefs and thoughts. It is the invisible power of beliefs that drives our lives. **The quality of life depends on the beliefs we carry.** They are microchips, buried at some level of the mind, constantly

sending out the message encoded into them. If you believe money is the most important thing in life, then all your actions and decisions will be guided by that belief only. If you think relationships are the most important thing in life, then you will try to save relationships at any cost in all your decisions.

Better Believer: Creation of Belief Systems

- Your past experiences and early childhood situations can influence the way you think about yourself and others and how you make sense of the world in your present life. These experiences tend to form your core belief system which is generally global and absolute in nature. From the very day we are born, our parents, culture, and environments heavily influence our thinking and beliefs. It is the belief system that creates perceptions, emotions, values, habits, and reactions to stimuli. The first 7 years of one's life are the most crucial. It is in these years the child's basic foundation of perception is laid. After 7 years of age the subconscious mind is reprogrammed by life experiences. We gain them through things that other people say to us, things we hear on the news, things we read, or any other external influences that we are exposed to. **Beliefs do not exist in isolation. These beliefs interact with one another, affecting one another, and together form a system. Belief systems get evolved as part of this development in order to ensure the survival of human beings. Belief systems have the power to dictate the direction of our lives, for good or bad. These beliefs are developed as a child and stick with you (like glue!) into adulthood.**